

# IMPORTANT INFORMATION FOR PRINTING

The information and material in this Modern Calligraphy workbook are **owned, and copyright 2019 © Vial Designs.**

This workbook is intended for the purchaser's **personal use ONLY** and maybe printed in a single quantity.

Printing this document in any quantities other than **ONE SINGLE BOOK** is strictly prohibited.

PURCHASER agrees that you may NOT use any of these files for commercial or editorial purposes without the express written permission of Vial Designs. You cannot re-sale, share, or redistribute the files in any way. Alteration of any kind is prohibited.

Vial Designs retains the copyright to all digital files, per USC Title 17 (US Copyright Law).



# Modern Calligraphy

BRUSH PEN CALLIGRAPHY  
FOR BEGINNERS BY  
MAIRA VIAL

*Vial  
Designs*



# HOW TO USE THIS WORKBOOK

**1** Read and understand the concepts on the next few pages.

**2** Work through the workbook in order. I designed these pages in order of difficulty.

**3** Once you've completed all the work, feel free to come back any time for a refresher and extra practice.

**4** Reference the table of contents on the next page to find where everything is on this workbook

For ideas, inspiration, and feedback from like-minded lettering lovers like you, join me at <https://www.vialdesigns.com/calligraphymadesimple>

Questions or suggestions? email me at [hello@vialdesings.com](mailto:hello@vialdesings.com)

*Modern  
Calligraphy*

# TABLE OF CONTENTS

## **WELCOME**

This is the beginning of your new creative outlet!

## **GETTING STARTED**

The must have tools for beginners

## **THE BASICS**

A Few Words of Advice

What is calligraphy?

Handwriting, cursive, calligraphy, lettering, typography - OH MY!

What is Modern Calligraphy?

Anatomy of the letter & Most used calligraphy terms

Getting used to the brush pen.

Basic Calligraphy Strokes

Calligraphy Practice Drills

## **THE WORLD OF LETTERS**

Lowercase reference letters

Forming letters a-z (Lowercase)

Uppercase reference letters

Forming letters A-Z (Uppercase)

## **THE WORLD OF NUMBERS**

Practicing the numbers 0-9

*Modern  
Calligraphy*



# TABLE OF CONTENTS CONTINUED...

## **NOW I KNOW MY ABC'S**

Putting the alphabet together.  
Connecting the Letters using pangrams.  
Common words and phrases

## **PRACTICE MAKES PROGRESS**

Calligraphy Practice Tips

## **WHERE TO NOW?**

Helpful links and resources

*Modern  
Calligraphy*

# Welcome

THIS IS THE BEGINNING OF YOUR  
NEW CREATIVE OUTLET!

I'm SO thrilled you're here and ready to start your new lettering adventure. My goal with this workbook is to show you simple ways to learn modern calligraphy. I want to help you avoid the struggles and frustrations I had when I started. I'm here to make this learning journey easier for you.

I've found that many people struggle with feeling like they are not artistic enough. Or don't have enough time to learn a new hobby. That's why I want to help you get inspired to create art you never thought was possible by leveraging the time you have.

You don't need to have nice handwriting to learn calligraphy! Anyone can learn to make beautiful letters, (yes, even you!) and I'm here to show you how!

This modern calligraphy workbook is for beginners who are ready to learn about the art of making beautiful letters. I cover everything you need to know to get started the right way.

From basic concepts, materials, learning the basic drills, forming the letters to start writing common words and sentiments to create beautiful lettering pieces.

*Modern  
Calligraphy*

# Welcome

THIS IS THE BEGINNING OF YOUR  
NEW CREATIVE OUTLET!

I'll show you the right tools to get, simple and correct steps to follow, and all you have to do is put in the practice. That's all I ask from you, to be willing to practice so you can better your skill.

These are the steps to take you from "I wish I could write like that" to "I'm SO excited I'm lettering like this!"

Ready? Let's go!



Modern  
Calligraphy

# Getting Started

## THE MUST-HAVE TOOLS FOR BEGINNERS

I will share with you the tools I recommend for beginners. But remember, you don't need expensive tools to start learning calligraphy.

Really, all you need to get started is a brush pen, and paper, which you most likely already have. Then, work your way into getting the basics supplies.

### • BRUSH PENS

I designed this guide to work with **small tip brush pens**. However, you can use the same tips and learning techniques and apply them with any other medium-to-large brush pens.

In my experience, it's best to start learning with small brush pens. The **brush pen you choose depends on you, and style/size of your writing piece**. The **best brush pen is the one you already have**. You want to be comfortable with the tool you're using.



# Getting Started

## THE MUST-HAVE TOOLS FOR BEGINNERS

Here are the brush pens I recommend for beginners:

### SMALL TIP

- Tombow Fudenosuke Hard, Soft, or Twin Tip or Colors.
- Pentel Touch Sign Pen
- Zebra Funwari Brush Pen
- Kelly Creates Small Brush Pens

### MEDIUM TO LARGE TIP

- Tombow Dual Brush Pens
- Artline Stix Brush Pens
- Sharpie Brush Pens
- Sakura Pigma Brush Pens
- Sakura Koi Coloring Brush Pens

## • PAPER

Not all paper is created equal. Using the right paper for calligraphy is SO important to protect your brush pens. After all, you don't want to spend money on good brush pens only to damage them with poor quality paper.

Choose paper that is smooth and not textured. The smoother, the better, if you don't believe there is such a thing as super soft paper, then try it for yourself. Get one sheet of paper I recommend below and one sheet of regular printer paper. Run your hands across the paper and feel the difference. If you use rough paper, the pen tip can fray and damage very quickly.

*Modern  
Calligraphy*

These are the types of paper I recommend:

- HP Premium Printer Paper 32 - lb. I recommend using this paper to print this workbook.
- Rhodia Pads: They come in 3 different types: dot, plain, and graph. So you can pick whichever you like best.
- Tracing paper is like the best of both worlds. It gives you the smoothness of regular paper with the visibility you need when you need to trace your work. Strathmore Tracing Pad is my go-to for tracing paper.
- Marker paper

## • OTHER TOOLS

- Pencil
- Eraser
- Ruler

For links to all the tools I recommend on this workbook, check **this blog post**:  
<https://www.vialdesigns.com/brush-pen-calligraphy-supplies-for-beginners/>





# The Basics

A FEW WORDS OF ADVICE...

Before we dive into all the calligraphy goodness, I hope to make it as simple as possible for you to learn this beautiful art of calligraphy.

My advice to you is to approach learning calligraphy the same way you learned how to walk. You had to master some skills before you could walk. You didn't get up one day and decided to start running. Right?

Just like learning to walk, learning calligraphy is a process, and you should be patient with it. Before you learned to run, you learned how to walk. But even before you learn to walk, you learned to crawl and to stand up. The same happens with calligraphy. Starting with the basics will give you a strong foundation to begin the learning process the right way!

To keep the analogy going, learning the basic terms and anatomy of the letter is like crawling. Faux calligraphy and drills are like standing up. Once you learn to stand up, suddenly you begin to think where you could go if you keep standing. Putting drills together to form letters is like learning to give your first steps. Then, walking can be compared to writing letters and connecting them to form words and phrases.

When you were beginning to walk, you stumbled, fall, and even walked like a robot (I love this baby phase), until you got comfortable enough to be marching to the rhythm of your own drum.

*Modern  
Calligraphy*

Likewise, with calligraphy, your letters might not look their best at first. And that's okay!

Most people skip the basics when learning calligraphy only to get frustrated shortly after they start. I say this from experience because I was one of those people who skipped the basics. I stopped practicing calligraphy a few months after I started.

I don't want that to be your case. As much as you want to start writing full sentences, please **don't skip the basics part!**

After you've mastered the basic drills and have put in some practice, you'll begin to see the improvement. Your hand will develop the muscle memory you need to create consistency with your lettering.

## PRACTICE MAKES PROGRESS!

Even the most seasoned artists always keep practicing and continue to refine their technique! And I hope you do the same.



# The Basics

## WHAT IS CALLIGRAPHY?

Calligraphy is the “art of writing beautiful letters”. Its literal meaning is beautiful writing.

Here are all the words you might've seen when looking into calligraphy...

handwriting

cursive

Calligraphy

LETTERING

TYPOGRAPHY

Modern  
Calligraphy

First, let's clarify those terms...

**Hand lettering:** creating, writing, drawing letters by hand.

There are different types of hand lettering:

- **Handwriting** and **cursive** are what we use every day to write memos or take notes. There aren't any strict rules or requirements. The goal and primary function of handwriting and cursive is to communicate a message.
- **Calligraphy** is similar to cursive (and often confused). The two main differences are the **marked variation in the width of the strokes** and **continuous writing and speed**.

With **cursive**, the strokes (the lines that make up a letter) are consistent in width. With cursive, you tend to write fast and continuously.

In **calligraphy**, there are thin upstrokes (when your pen is moving upward) and thick downstrokes (when your pen is moving downward). Also, the letters are created stroke-by-stroke. You have to slightly pause or lift your pen after each stroke, paying close attention as you are making it. When you are doing calligraphy, you have to write slowly.

Traditionally, to do calligraphy, you use tools like a nib and ink, dip pens, and fountain pens. **Tools like brushes and brush pens are now used to make modern calligraphy**. So it is common that you see terms like brush calligraphy and brush pen calligraphy.

*Modern  
Calligraphy*

- **Lettering** refers to any and all writing created by hand, including handwriting, cursive, and calligraphy. The difference is the effort to incorporate design aspects into the overall look of the piece.
- **Brush Lettering:** modern calligraphy created using brush pens, which have a flexible tip needed to achieve the thin and thick strokes of letters.
- **Typography** is the visual art of creating written words. It refers to letterforms that can be used over and over again in their exact manner. It's often confused with lettering. The main reason for that confusion is that of our friend: THE COMPUTER! It is possible to have a hand-lettered font, AND for this font to be part of typography.

*Modern  
Calligraphy*

# The Basics

WHAT IS MODERN CALLIGRAPHY?

## Modern Calligraphy

To put it in simple words: Modern Calligraphy refers to any calligraphy that is not done traditionally like Copperplate and Spencerian scripts. With these 2 styles, you have to follow specific guidelines. What makes Modern Calligraphy different from Traditional Calligraphy is the flexibility in their styles.

You don't have to follow specific guides to create a specific style of Modern calligraphy because, you can create your own.

### CONSISTENCY OVER PERFECTION!

The rawness and imperfections of modern calligraphy give it a unique and personal touch. Aim for consistency and good form with your letters, not perfection.

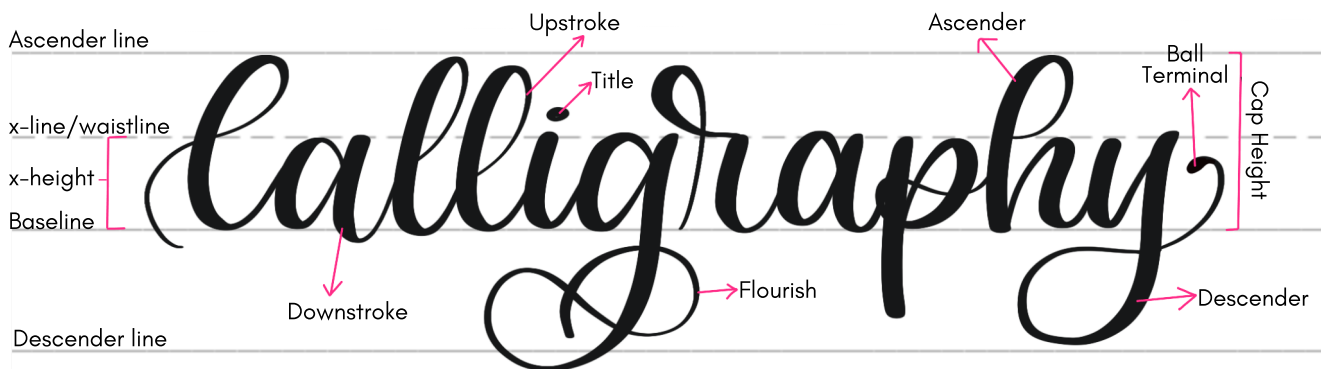
Modern  
Calligraphy



# The Basics

## ANATOMY OF THE LETTER

Whether your lettering time is just for fun, or you want to take calligraphy to the next level, you'll benefit from knowing these basic terminology. While you don't need to memorize all these terms, you should familiarize with them.



**Ascender:** the portion of lowercase letters that extends above the x-height.

**Ascender line:** the top guideline at which letters stop.

**Ball Terminal:** a circular form at the end of the arm in letters.

**Baseline:** line where letters rest on.

**Cap Height:** the height of a capital letter above the baseline.

**Descender:** The portion of letters that extends below the baseline.

**Descender line:** the lowest guide line at which letters go.

*Modern  
Calligraphy*

**Downstroke:** stroke you make when you're moving your pen downwards and applying heavy pressure.

**Flourish:** is to add embellishments to what would otherwise be a plain letter, word, or phrase.

**Title:** is the dot above the lowercase "j" and "i".

**Upstroke:** stroke you make when you're moving your pen upwards and applying light pressure.

**X-line/waistline:** the middle line, where the lowercase letters hit.

**X-height:** the distance between the baseline and x-line.



# The Basics

## GETTING USED TO THE BRUSH PEN

Now that you have a basic understanding of modern calligraphy, it's time to get used to the brush pen.

**Brush Pens** have a flexible - brush like - tip, which allow for variation in the size of your strokes depending on the pressure you apply.

A common mistake is to hold the brush pen the same way you would hold your pen for everyday writing.

Here are three things to keep in mind when holding your brush pen:

- **Make sure your brush pen is at about a 45-degree angle from the paper.**  
This is what's going to help you master the thick and thin strokes as well as help you get smoother transitions between them.
- **Your pen grip is loose.** When you hold your pen too tight, your hand will get tired faster, and you won't be able to move your pen freely.
- **Hold the pen a little bit away from the tip.**



Many people hold the pen differently when writing. While these are guidelines to help you get a better hold of your brush pen, it's important you find a grip that's comfortable enough for you.



*Modern  
Calligraphy*

# The Basics

## BASIC CALLIGRAPHY STROKES

As mentioned at the beginning, calligraphy is created stroke-by-stroke, so it's essential to master these basic calligraphy strokes to gain an understanding of the pressure and angle you need to create the letters.

This is the #1 thing most people get wrong when starting calligraphy: not learning the basic calligraphy strokes!

### BASIC CALLIGRAPHY STROKES:

- UPSTROKE
- ENTRANCE/EXIT STROKE
- DOWNSTROKES
- UNDERTURN STROKE
- OVERTURN STROKE
- COMPOUND CURVE
- OVALS
- DESCENDING STEM LOOP
- ASCENDING STEM LOOP

In this workbook, we'll go over each one of them, their meaning, the way to make them and I will even give you tips to practice and master them.

*Modern  
Calligraphy*

# The Basics

## BASIC CALLIGRAPHY STROKES



Light pressure every time your pen goes up  
Heavy pressure every time your pen goes down.

Don't worry about putting too much pressure on  
your brush pen.

Pressing hard on your brush pen won't brake, it  
will just give you thicker downstrokes!  
They are design specifically for this.

*Modern  
Calligraphy*



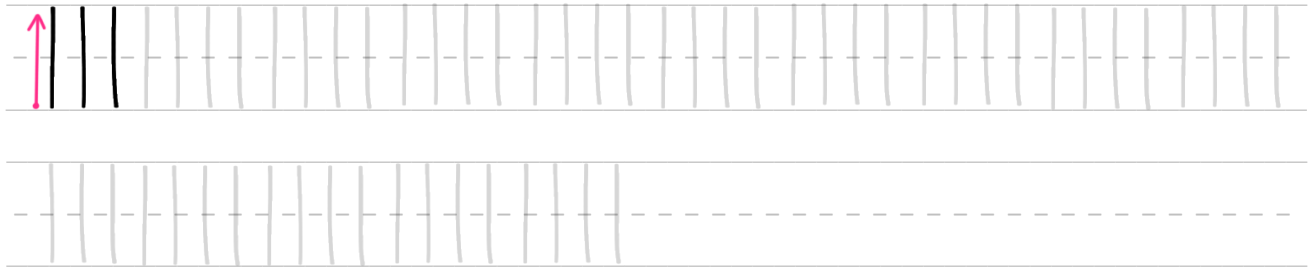
# BASIC CALLIGRAPHY STROKES

## • UPSTROKES

These are the thin lines you make when your pen goes up. This means you need use light to no pressure on your brush pen. At first, the upstrokes can be shaky. Don't worry, they will get better with practice.

**To create the upstrokes:** start at the baseline and move upward ending at the ascender line. Remember that the stroke should maintain the same thinness throughout.

**TIP:** Mentally visualize where your stroke is going to end and make a continuous line. Don't over think it or double guess it.



## • ENTRANCE/EXIT STROKES

Similar to the upstrokes. The difference is that instead of going straight up, you make a curve line going up.

**To create the entrance stroke:** start at the baseline and then curve it upward ending at the waistline.



*Modern  
Calligraphy*

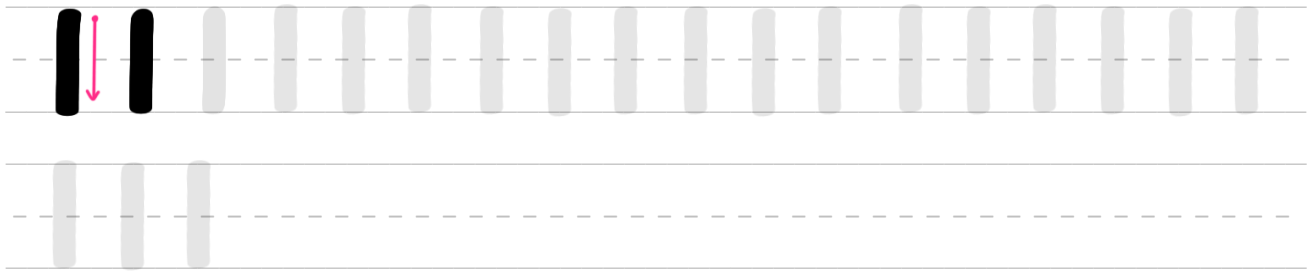
# BASIC CALLIGRAPHY STROKES

## • DOWNSTROKES

A downstroke is a single, thick stroke. It resembles the stem of a letter. The downstroke starts and ends with full pressure.

To create the downstroke: start with full pressure at the ascender line. Pull down on the stroke and end at the baseline with full pressure.

**TIP:** Press down with your brush pen to the page BEFORE you start creating the downstroke. This helps you use the full thickness of the side of your brush pen and start with the right amount of pressure you need to create the downstroke.



## PRACTICE DRILLS

Let's use the calligraphy strokes you've learn to practice some calligraphy drills.

UP & DOWNSTROKES



ENTRANCE & DOWNSTROKES



KEEP PRACTICING...



*Modern  
Calligraphy*

# BASIC CALLIGRAPHY STROKES

## • UNDERTURN STROKE

The underturn stroke is a U-shaped stroke.

To create the underturn: you start at the waistline with a full pressure downstroke. Then start curving the downstroke before you reach the baseline and begin transitioning to an entrance stroke forming a U-shape.

CORRECT FORM



COMMON MISTAKES



Sides not parallel



Pointed at the base



Curved at the end



## PRACTICE DRILLS

Let's use the calligraphy strokes you've learn to practice some calligraphy drills.

CONNECTING THE UNDERTURN STROKES



KEEP PRACTICING...

*Modern  
Calligraphy*

# BASIC CALLIGRAPHY STROKES

## • OVERTURN STROKE

The overturn stroke is an upside down U-shaped stroke.

To create the overturn stroke: start at the baseline with a thin upstroke reaching the waistline and curving back down, transitioning into a thick downstroke and ending with full pressure downstroke at the baseline.

CORRECT FORM



COMMON MISTAKES



Sides not parallel



Pointed at the base



Curved at the end



## PRACTICE DRILLS

Let's use the calligraphy strokes you've learn to practice some calligraphy drills.

CONNECTING THE OVERTURN STROKES



KEEP PRACTICING...

Modern  
Calligraphy

# BASIC CALLIGRAPHY STROKES

## • COMPOUND CURVE

The compound curve is a combination of two strokes: the overturn stroke and the underturn stroke.

To create the compound curve: Start at the baseline and follow the same steps of the overturn stroke and BEFORE you reach the baseline, transition back to a hairline and start curving the line. Touch the baseline, and then begin make your way back up, maintaining the thin stroke.

CORRECT FORM



COMMON MISTAKES



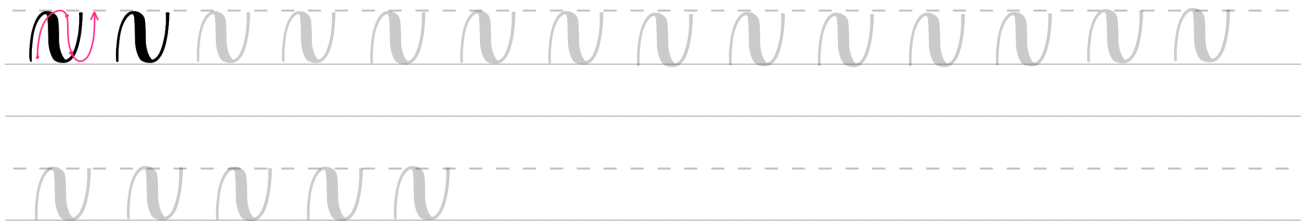
Middle not parallel



Pointed at the top/  
bottom



Curved at the end



## PRACTICE DRILLS

Let's use the calligraphy strokes you've learn to practice some calligraphy drills.

CONTINUOUS COMPOUND CURVE



OVERTURN STROKE & COMPOUND CURVE



Modern  
Calligraphy

# BASIC CALLIGRAPHY STROKES

## • OVALS

The oval is an enclosed, circular stroke.

To create the oval: start with a thin upstroke just below the waistline and draw a line counterclockwise that curves to the left. Touch the waistline and then begin to curve downward. Begin transitioning gradually into a thick downstroke and then start transitioning back to a thin upstroke. Once you touch the baseline, curve to the right and continue with a thin upstroke to complete the oval.

CORRECT FORM



COMMON MISTAKES



Not starting at the side



Missing the mark



Incorrect transition



## PRACTICE DRILLS

Let's use the calligraphy strokes you've learn to practice some calligraphy drills.

ENTRANCE STROKE + OVAL



OVAL + UNDERTURN (MODIFIED)



Modern  
Calligraphy



# BASIC CALLIGRAPHY STROKES

## • DESCENDING STEM LOOP

The descending loop, is a basic stroke that forms many letters of the alphabet which extend below the baseline.

To create the descending stem loop: start with full pressure at the waistline and create a thick downstroke that goes past the baseline. Before you reach the descender, begin transitioning into a thin stroke and curve the stroke counter clockwise.

CORRECT FORM



COMMON MISTAKES



Started from the waistline



Incorrect transition to an upstroke



Loop extending through



## PRACTICE DRILLS

Let's use the calligraphy strokes you've learn to practice some calligraphy drills.

ENTRANCE STROKE + DESCENDING STEM LOOP. THEN, REPEAT THE SAME EXERCISE, BUT THIS TIME KEEP CONNECTING THEM TOGETHER.



Modern  
Calligraphy

# BASIC CALLIGRAPHY STROKES

## • ASCENDING STEM LOOP

The ascending stem loop is a basic stroke that forms the letters of the alphabet which extend above the waistline.

To create the ascending stem loop: start with light pressure just around the waistline creating a thin upstroke that curves counterclockwise toward the ascender line. Continue curving around until you start transitioning slowly into a straight, thick downstroke. End at the baseline with full pressure.

CORRECT FORM



COMMON MISTAKES



## PRACTICE DRILLS

Let's use the calligraphy strokes you've learn to practice some calligraphy drills.

ENTRANCE STROKE + ASCENDING STEM LOOP



ASCENDING STEM LOOP + COMPOUND CURVE (this forms an h!)



Modern  
Calligraphy

# CALLIGRAPHY PRACTICE DRILLS...

Use the following calligraphy drills pages for added practice, anytime you need a refresher or even when you're trying to get used to a new brush pen.



Modern  
Calligraphy

# CALLIGRAPHY PRACTICE DRILLS

CONTINUED

o o o o

o o o o

p p p

h h h h

J J J J

J J J J

# CALLIGRAPHY PRACTICE DRILLS

PRACTICE PAGE

Use this page to continue practicing your basic calligraphy drills.

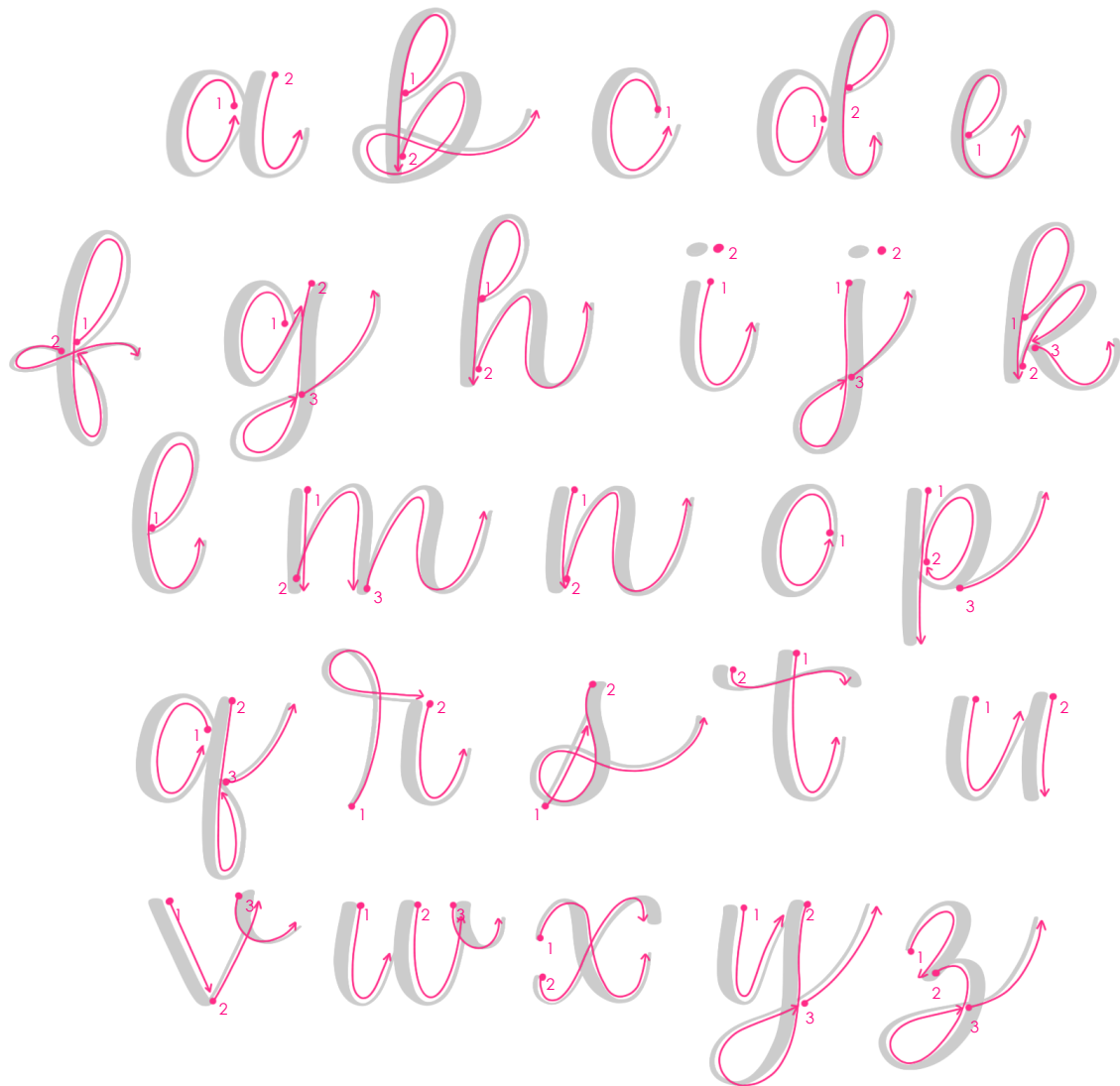
Handwriting practice lines consisting of solid top and bottom lines with a dashed midline, repeated down the page.



# The World of Letters

## LOWERCASE REFERENCE LETTERS

It's time to learn to make the lower case letters. Use this page as a helpful reminder of how to form your lowercase letters stroke by stroke.









# FORMING THE LOWERCASE LETTERS k - o

k k k k k k k k k k

k k k k k

l l l l l l l l l l l l l

l l l l l

m m m m m m m m m

m m m m m

n n n n n n n n n n

n n n n n

o o o o o o o o o o o o o o

o o o o o

Modern  
Calligraphy

# FORMING THE LOWERCASE LETTERS p-t

p p p p p p p p

p p p p

q q q q q q q q

q q q q

r r r r r r r r

r r r r

s s s s s s s s

s s s s

t t t t t t t t

t t t t

Modern  
Calligraphy

# FORMING THE LOWERCASE LETTERS U-Y

U + I → u u u u u u u u u u u

u u u u u

v + j → v v v v v v v v v v

v v v v v

w + u → w w w w w w w w w w

w w w w w

x + s → x x x x x x x x

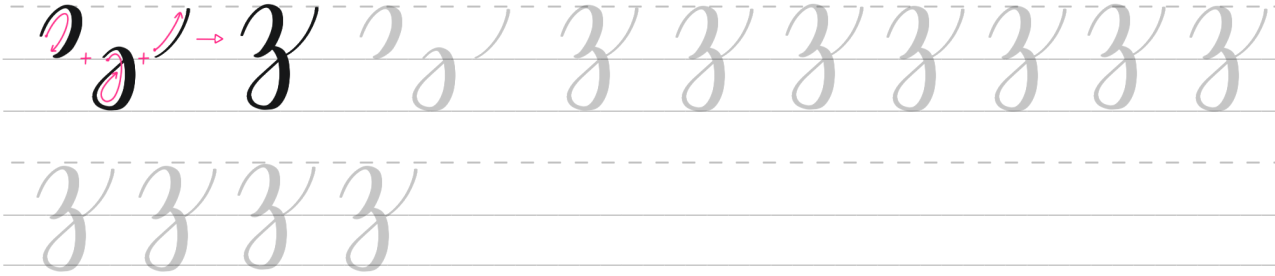
x x x x

y + j → y y y y y y y y y

y y y y

Modern  
Calligraphy

## FORMING THE LOWERCASE LETTERS z



### KEEP PRACTICING...

I truly believe that the way to getting better is through practice. You can use this and the following page to practice any of the lowercase letters that might be giving you a hard time.

Blank handwriting practice lines for the letter 'z'. Each line set consists of a solid top line, a dashed middle line, and a solid bottom line.

# The World of Letters

## LOWERCASE REFERENCE PAGE

Use this page as a helpful reminder of how to form your lowercase letters..

a b c d e  
f g h i j k  
l m n o p  
q r s t u  
v w x y z

# PRACTICE MAKES PROGRESS

Keep practicing your lowercase letters...

Handwriting practice lines consisting of 10 sets of horizontal lines. Each set includes a solid top line, a dashed midline, and a solid bottom line.

*Modern  
Calligraphy*

# The World of letters

## UPPERCASE REFERENCE LETTERS

Use this page as a helpful reminder of how to form your uppercase letters stroke by stroke.



Modern  
Calligraphy

# The World of Letters

## UPPERCASE LETTERS A - E

A

A A A A A A A A A A

A A A

B

B B B B B B B B B B

B B B

C

C C C C C C C C C C

C C C

D

D D D D D D D D D D

D D D

E

E E E E E E E E E E

E E E

Modern  
Calligraphy



# UPPERCASE LETTERS F - J

F F F F F F F F F F

F F F

G G G G G G G G

G G G

H H H H H H H H

H H H

I I I I I I I I

I I I

J J J J J J J J

J J J

Modern  
Calligraphy

# UPPERCASE LETTERS K - Q

K K K K K K K

K K K

L L L L L L L L L

L L L

M M M M M M M

M M M

N N N N N N N N

N N N

O O O O O O O O O

O O O

Modern  
Calligraphy

# UPPERCASE LETTERS P - T

P P P P P P P P P

P P P

Q Q Q Q Q Q Q Q

Q Q Q

R R R R R R R R

R R R

S S S S S S S S

S S S

T T T T T T T T

T T T

Modern  
Calligraphy

# UPPERCASE LETTERS U - Y

U U U U U U U U U

U U U

V V V V V V V V V

V V V

W W W W W W W

W W W

X X X X X X X

X X X

Y Y Y Y Y Y Y

Y Y Y

Modern  
Calligraphy

# UPPERCASE LETTERS Z

Z Z Z Z Z Z Z

Z Z Z

## KEEP PRACTICING...

You can use this and the following page to practice your uppercase letters...

Blank handwriting practice lines for uppercase letter Z, consisting of multiple sets of solid top and bottom lines with a dashed middle line.

Modern  
Calligraphy

# The World of Letters

## UPPERCASE REFERENCE PAGE

Use this page as a helpful reminder of how to form your uppercase letters..



# PRACTICE MAKES PROGRESS

Keep practicing your uppercase letters...

Handwriting practice lines consisting of 10 sets of horizontal lines. Each set includes a solid top line, a dashed midline, and a solid bottom line.

*Modern  
Calligraphy*

# The World of Numbers

NUMBERS 0 - 9

0 0 0 0

1 1 1 1

2 2 2 2

3 3 3 3

4 4 4 4

5 5 5 5

6 6 6 6

7 7 7 7

8 8 8 8

9 9 9 9

Modern  
Calligraphy



# Now I know my ABC's

## PUTTING THE ALPHABET TOGETHER

Now that you know how to form the individual letters, let's start putting them together. Lettering the whole alphabet is an excellent exercise to practice letter connections and create cohesive lettering.

You can do this exercise when you haven't practiced in a while, maybe you're feeling uninspired or as a warm up before you start creating a lettering piece.

abcdefghijklmnopqrstuvwxyz

tuwxyz

abcdefghijklmnopqrstuvwxyz

tuwxyz

abcdefghijklmnopqrstuvwxyz

tuwxyz

# Now I know my ABC's

## CONNECTING THE LETTERS

Another great exercise to help you with letter connections is by lettering pangrams.

A pangram is a sentence or expression that uses all the letters of the alphabet. Here are two of my favorite pangrams to practice letter connections. Trace over these pangrams to practice.

the quick brown fox

jumps over the lazy dog

the quick brown fox

jumps over the lazy dog

the quick brown fox

jumps over the lazy dog

# Now I know my ABC's

CONNECTING THE LETTERS  
USING PANGRAMS CONTINUED...

the five boxing wizards

jump quickly

the five boxing wizards

jump quickly

the five boxing wizards

jump quickly

# PRACTICE MAKES PROGRESS

Use this page to continue practicing your letter connections.

Handwriting practice lines consisting of solid top and bottom lines with a dashed midline, repeated 10 times down the page.

# Now I know my ABC's

## COMMON WORDS & PHRASES

hello hello hello hello

hello hello hello hello

hello

Hello Hello Hello Hello

Hello Hello Hello Hello

Hello

# Now I Know my ABC's

## COMMON WORDS & PHRASES

love love love love love

love love love love love

love

Love Love Love Love

Love Love Love Love

Love

# Now I Know my ABC's

## COMMON WORDS & PHRASES

happy happy happy

happy happy happy

happy

Flappy Flappy Flappy

Flappy Flappy Flappy

Flappy

# Now I Know my ABC's

## COMMON WORDS & PHRASES

thank you thank you

thank you thank you

thank you

Thank You Thank You

Thank You Thank You

Thank You



# Now I Know my ABC's

## COMMON WORDS & PHRASES

Welcome

Welcome

Welcome

Welcome

Welcome

# Now I Know my ABC's

## COMMON WORDS & PHRASES

Congratulations

Congratulations

Congratulations

Congratulations

Congratulations

# Now I know my ABC's

## COMMON WORDS & PHRASES

Happy Anniversary

Happy Anniversary

Happy Anniversary

Happy Anniversary

Happy Anniversary

# Now I Know my ABC's

## COMMON WORDS & PHRASES

Happy Birthday

Happy Birthday

Happy Birthday

Happy Birthday

Happy Birthday

# Now I know my ABC's

## COMMON WORDS & PHRASES

Thinking of You

Thinking of You

Thinking of You

Thinking of You

Thinking of You

# Practice Makes Progress

## CALLIGRAPHY PRACTICE TIPS!

I hope that I've stressed the importance of practice enough throughout this workbook. If you want to see improvement, practice is the way to go!

Here are some helpful tips to keep in mind when practicing your calligraphy:

### 1. SLOW DOWN

Remember that calligraphy is not meant to be fast. Going slow will help you get better letterforms and sharper strokes.

### 2. BE MINDFUL OF THE PEN PRESSURE

Use light pressure for the upstrokes (when you're moving the pen upwards) & Heavy pressure for the downstrokes (when you're moving the pen downwards). You can even repeat it every time when you're practicing: light pressure going up, heavy pressure going down. I did this until it became automatic!

### 3. HOLD THE BRUSH PEN RIGHT

Review the proper ways to hold your brush pen we covered at the beginning of this workbook. A simple shift on the angle of your pen can make a big difference in improving your strokes.

### 4. PAUSE BETWEEN STROKES

Pausing between strokes will help you have even spacing between your letters. This is one of the main reasons why we spent so much time learning basic calligraphy strokes.

*Modern  
Calligraphy*

# Practice Makes Progress

## CALLIGRAPHY PRACTICE TIPS CONTINUED

### 5. BODY POSTURE

Find a comfortable position and take breaks. Remember that practicing for long periods of time without taking any breaks is not as beneficial as you'd think. And don't forget to adjust your page and posture from time to time.

### 6. DATE YOUR WORK

This is a great way to see your improvement. Refer back to your older sheets often. Especially when you think you haven't improved in your calligraphy journey.

### 7. BE CONSISTENT

Try to get at least 15-20 minutes of practice every day. Little practice is better than no practice at all. Make sure you designate a time to practice and commit to it. Life happens, I know, but the way to mastering this new skill is by putting in the time to practice!



# Where to Now?

HELPFUL LINKS & RESOURCES

First of all, I'd like to say:

## CONGRATULATIONS!!!

You've made it all the way through this Modern Calligraphy Workbook. I'm SO happy you've embarked on this learning journey and you let me help you along the way. The beautiful thing about learning calligraphy is all the amazing things you can do with it.

I'd love to continue helping you with your calligraphy journey! If you haven't already, be sure to check out my website:

[www.vialdesigns.com](http://www.vialdesigns.com)

Andddd if you're not already part of the **Vial Designs Tribe**, make sure you join my email list. I share tons of helpful tutorials on my blog and tons of additional FREE worksheets.

As a thank you for purchasing this workbook, use the code **KEEPLATTERING** to get 20% off any of my other Calligraphy workbooks!

Modern  
Calligraphy



# Where to Now?

## HELPFUL LINKS & RESOURCES

### CALLIGRAPHY SUPPLIES

My favorite place to buy calligraphy supplies is Amazon. I have a complete list of all the supplies I shared on this workbook on my [amazon page here](#):

<https://www.amazon.com/shop/vialdesigns>. I also share more advanced tools I've used and recommend.

Here are other online and local stores (in the USA) you can find calligraphy supplies:

Tombow [www.tombow.com](http://www.tombow.com)

Michaels [www.michaels.com](http://www.michaels.com)

Hobby Lobby [www.hobbylobby.com](http://www.hobbylobby.com)

Paper & Ink Arts [www.paperinkarts.com](http://www.paperinkarts.com)

Jet Pens [www.jetpens.com](http://www.jetpens.com)

Pentel [www.pentel.com](http://www.pentel.com)

Blitsy [www.blitsy.com](http://www.blitsy.com)

John Neal Bookseller [www.johnnealbook.com](http://www.johnnealbook.com)

*Modern  
Calligraphy*

WANT MORE CALLIGRAPHY, LETTERING, &  
DOODLING TUTORIALS?

## JOIN ME ON SOCIAL MEDIA



@vialdesigns



@VialDesignsTv



@vialdesigns

Calligraphy Made Simple  
Facebook Group

*Modern  
Calligraphy*

# Practice Makes Progress

## SMALL LETTERING GUIDE

Handwriting practice lines consisting of solid top and bottom lines with a dashed midline, repeated down the page.

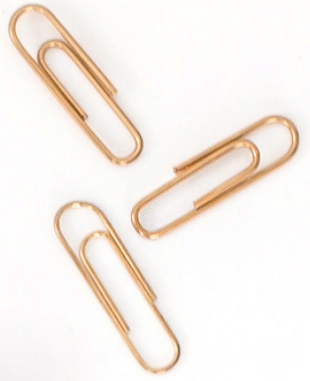
*Modern  
Calligraphy*

# Practice Makes Progress

## LARGE LETTERING GUIDE

Handwriting practice lines consisting of solid top and bottom lines with a dashed midline, repeated multiple times for practice.

Modern  
Calligraphy



# Vial Designs

© Vial Designs  
This workbook is for personal use only  
Please do not replicate or share  
[www.vialdesigns.com](http://www.vialdesigns.com)  
[hello@vialdesigns.com](mailto:hello@vialdesigns.com)

