

About Tobacco and Alcohol

Write the letter of the best answer on the line at the left.

1	More than 50 substances in tobacco smoke A alcohol abuse B environmental tobacco smoke	C	cigarette use
2.	Tobacco contains a poisonous gas called F carbon dioxide G carbon monoxide	H	 helium hydrogen
3.	Which part of the human body is damaged A the respiratory system B the nervous system	С	st by smoking tobacco? the brain the skin and eyes
4.	Nonsmokers who are around smokers brea F clean air G environmental tobacco smoke	Н	carbon dioxide pure oxygen
5.	Nicotine found in tobacco is a A poison B tar	875	carbon sugar
 6.	Substances that cause cancer are F nicotine G tars	H J	carcinogens chewing tobacco
7.	When people smoke, tar in the tobacco A coats their air passages B fills up their stomachs	C	makes them relax helps them breathe
8.	Which is a short-term effect of tobacco use F lung cancer G emphysema		trouble breathing chronic bronchitis
9.	The series of physical and emotional chang stop using an addictive drug is called A addiction B withdrawal	es a	alcoholism
10.	Liver disease caused by long-term alcohol u F cirrhosis G emphysema		dependence is diabetes chronic bronchitis

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Match the terms below with the descriptions. Write the correct letters on the lines to the left of the descriptions. You may not use all the terms.



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a	blood	alcohol	level

c alcoholism

e withdrawal

b alcoholics

d intoxicated

f problem drinking

_____ **11.** Addiction to alcohol

12. A measure of the amount of alcohol in a person's blood

13. People who suffer from alcoholism

14. Being strongly affected by alcohol

15. Drinking that leads to physical, legal, or social problems

Write T or F to show if the statements are true or false.

16. The easiest way to avoid nicotine addiction is to never start smoking.

17. Young people become addicted to alcohol more easily than adults.

18. You don't need to practice ways of saying *no* to alcohol or tobacco.

____ 19. It is easy to quit smoking or stop drinking alcohol all by yourself.

____ 20. Ads for tobacco and alcohol tell the harmful effects of these drugs.

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