

Learning About Disease

Write *T* or *F* to tell whether the statements are true or false.

- _____ 1. Red blood cells kill pathogens.
- _____ 2. The immune system is the body system that fights disease.
- _____ 3. All diseases are caused by pathogens.
- _____ 4. Most colds are acute diseases.
- _____ 5. Exercise and a healthful diet can help you prevent some diseases.

Write the letter of the correct answer on the line at the left.

- _____ 6. Strep throat is an example of a _____.
- | | |
|-------------------------------|----------------------------------|
| A pathogen | C noncommunicable disease |
| B communicable disease | D vaccine |
- _____ 7. If pathogens get into your body, they can cause _____.
- | | |
|---------------------|-----------------------|
| F antibiotic | H immunization |
| G infection | J abstinence |
- _____ 8. What is your body's natural ability to fight disease called?
- | | |
|---------------------|---------------------|
| A abstinence | C resistance |
| B antibiotic | D vaccine |
- _____ 9. Which of these is an example of a disease that is usually chronic?
- | | |
|------------------------|-----------------------|
| F heart disease | H cold |
| G pinkeye | J strep throat |
- _____ 10. If you have diabetes, your body can't make or use _____ properly.
- | | |
|--------------------|-------------------|
| A insulin | C vaccines |
| B infection | D immunity |

Name _____

Match the definition in Column A with a term in Column B.
Write the correct letter on the line at the left.

Column A

Column B

- | | |
|---|----------------------------------|
| _____ 11. Any disease that can't spread from person to person | a chronic |
| _____ 12. Affecting a person for a short period of time, as a disease | b fungi |
| _____ 13. Affecting a person for a long period of time, as a disease | c noncommunicable disease |
| _____ 14. A sign or feeling of illness | d acute |
| _____ 15. One-celled pathogens that cause amebic dysentery and other diseases | e protozoa |
| _____ 16. The body's ability to "remember" how to make antibodies quickly | f pathogens |
| _____ 17. Any disease that can spread from one person to another | g communicable disease |
| _____ 18. A medicine that can give you immunity to a disease | h vaccine |
| _____ 19. Pathogens that cause ringworm and other diseases | i immunity |
| _____ 20. Organisms or viruses that cause communicable diseases | j symptom |

Name _____

Complete the diagram below by naming the parts of the body indicated by the arrows. Then tell how each helps to keep pathogens from entering the body.

21. _____

22. _____



23. _____

Lifestyle choices can have a big impact on your health. For each lifestyle choice below, tell whether it is a healthful choice or an unhealthful choice. Then explain how the lifestyle choice could impact your health.

24. Getting regular exercise

25. Using tobacco

