

# Planning for Safety

Match the terms below to the sentences. Write the correct letters on the lines to the left of the sentences.

- |              |              |                    |         |
|--------------|--------------|--------------------|---------|
| a pedestrian | d concussion | g natural disaster | j spasm |
| b hazard     | e flammable  | h emergency        |         |
| c sterile    | f plan first | i first aid        |         |

- \_\_\_\_\_ 1. A situation that calls for quick action is a(n) \_\_\_\_\_.
- \_\_\_\_\_ 2. Immediate care given to an injured person is \_\_\_\_\_.
- \_\_\_\_\_ 3. A bandage free of germs is \_\_\_\_\_.
- \_\_\_\_\_ 4. An event of nature that can damage buildings and other structures is a(n) \_\_\_\_\_.
- \_\_\_\_\_ 5. A sharp blow to the head can cause brain injury, or a(n) \_\_\_\_\_.
- \_\_\_\_\_ 6. A muscle cramp is a \_\_\_\_\_.
- \_\_\_\_\_ 7. A person walking is a(n) \_\_\_\_\_.
- \_\_\_\_\_ 8. Materials that burn when exposed to enough heat are \_\_\_\_\_.
- \_\_\_\_\_ 9. Something in the environment or something about a person's actions that can cause harm or injury is a(n) \_\_\_\_\_.
- \_\_\_\_\_ 10. The best way to deal with any emergency is to \_\_\_\_\_.

Name \_\_\_\_\_

**Underline the term or phrase that makes each statement false. Choose the correct term from the box, and write it in the blank following the statement.**

natural disasters  
pressure  
second

meeting place  
sterile  
ask firefighters

injuries  
safety gear  
scrape

kept away from

11. Hazards often occur when people are careless or not paying attention.  
\_\_\_\_\_
12. If you are first on an accident scene, you should make a ten-minute survey. \_\_\_\_\_
13. A first-aid kit should include flammable bandages.  
\_\_\_\_\_
14. If a wound is bleeding, you should apply an antiseptic.  
\_\_\_\_\_
15. You should wear loose clothing for sports such as skateboarding and bike riding. \_\_\_\_\_
16. Flammable materials should be stored near heat sources such as lamps and candles. \_\_\_\_\_
17. After you are out of a burning building, you may go back to save your pets. \_\_\_\_\_
18. Hurricanes, floods, tornadoes, wildfires, and earthquakes are all examples of strong storms. \_\_\_\_\_
19. A concussion is a wound in which skin has been rubbed away.  
\_\_\_\_\_
20. A family escape plan should include a smoke alarm.  
\_\_\_\_\_

Name \_\_\_\_\_

**21.** You can treat bruises with R.I.C.E. What do the letters in R.I.C.E. represent?

\_\_\_\_\_

**22.** Name at least four pieces of safety equipment skateboarders should wear, and explain how the equipment helps them.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**23.** Name five steps in setting up a family escape plan in case of a fire in your home.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**24.** Name six things you might keep in an emergency supply kit. Name three that would be permanent and three that would need to be replaced every six months.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**25.** Describe how you would communicate for help during the following emergency:  
You see thick, black smoke and flames coming from a neighbor's house. It is early morning, and most of the people in the neighborhood are still asleep. It is a windy day, and the fire seems to be spreading to the house next door.

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