

# Chapter Review and Test Preparation



## Reading Skill

### DRAW CONCLUSIONS

Draw and then use this graphic organizer to answer questions 1 and 2.

What I Read	+	What I Know	=	Conclusion:
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- 1 Write three facts that lead to the conclusion that tobacco can be dangerous.
- 2 Write three facts that lead to the conclusion that alcohol can be dangerous.



## Use Vocabulary

Match each term in Column B with its meaning Column A.

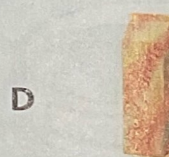
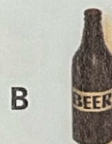
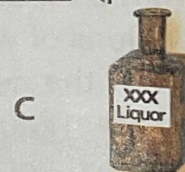
Column A	Column B
3 Poison that speeds up the nervous system	A tar
4 Sticky, dark paste in tobacco smoke	B environmental tobacco smoke (ETS)
5 Poisonous gas from burning tobacco	C intoxicated
6 Affected by alcohol	D carcinogens
7 Causes of cancer	E carbon monoxide
8 A person who is addicted to alcohol	F blood alcohol level (BAL)
9 Amount of alcohol in the bloodstream	G nicotine
10 Tobacco smoke in air	H alcoholic



## Check Understanding

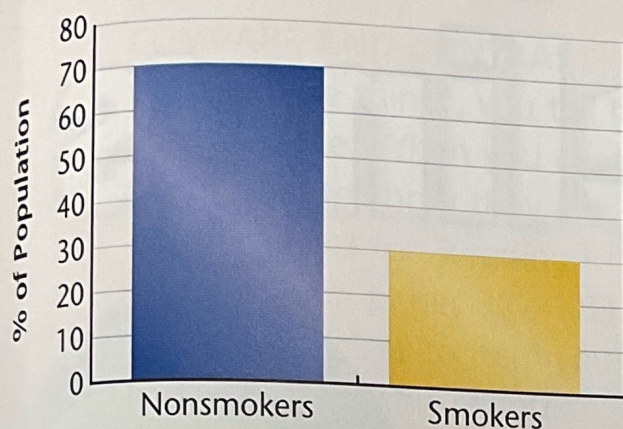
Choose the letter of the correct answer.

- 11 All forms of tobacco contain a poison called \_\_\_\_\_. (p. 261)
  - A tar
  - B a tumor
  - C carbon dioxide
  - D nicotine
- 12 The only disease below that is **NOT** a serious risk for smokers is \_\_\_\_\_. (pp. 262–263)
  - F cirrhosis
  - G cancer
  - H emphysema
  - J heart disease
- 13 Alcohol is found in all of the following products **EXCEPT** \_\_\_\_\_. (p. 266)



- 14 Who probably does **NOT** have a problem with alcohol? (p. 282)
  - F a person who hides his or her drinking
  - G a person who drinks only at religious celebrations
  - H a person who thinks about alcohol often
  - J a person who drinks alone
- 15 People who don't smoke can suffer from respiratory problems and other diseases if they breathe a lot of \_\_\_\_\_. (p. 263)
  - A smokeless tobacco
  - B environmental tobacco smoke (ETS)
  - C carbon dioxide
  - D unfiltered air





- 16 Look at the graph above. Which of the following statements is **TRUE** according to the data in the graph? (p. 274)

F Most adults smoke.  
 G Almost half of all adults are smokers.  
 H Most adults do not smoke.  
 J Most adults who smoke are able to quit.

- 17 Cigarette smoke contains many \_\_\_\_\_, or substances that cause cancer. (p. 261)

A poisons  
 B carcinogens  
 C depressants  
 D fibers

- 18 Carbon monoxide makes the heart work harder because it takes the place of \_\_\_\_\_ in the blood. (p. 261)

F tars  
 G air sacs  
 H nicotine  
 J oxygen

- 19 The \_\_\_\_\_ system is the body system **MOST** damaged by smoking tobacco. (p. 262)

A digestive  
 B circulatory  
 C respiratory  
 D nervous

- 20 Alcohol affects a person's \_\_\_\_\_. (pp. 267–269)

F judgment  
 G personality  
 H memory  
 J all of these



## Think Critically

- 21 You overhear two adults talking. One of them says, "Alcohol is not a problem for me. I drink only a few beers each night." Review the warning signs of problem drinking. Then tell whether you agree with this person or not. Explain your answer.
- 22 Someone you know quit smoking two days ago. "Wow," he says, "I thought my cough was caused by smoking. But I'm coughing worse than ever now that I've quit." What would you tell him?



## Apply Skills

- 23 **BUILDING GOOD CHARACTER**



**Citizenship** You arrive at a party where an adult was supposed to be in charge. However, only young people are there, and many of them have been drinking. Some of them are intoxicated and talking about going swimming. What should you do to be a good citizen?

- 24 **LIFE SKILLS**



**Refuse** You've been working hard all season because you want your team to make it to the state finals. One day a teammate takes out a pouch of chewing tobacco and offers you some. What would you do or say?



## Write About Health

- 25 **Write to Explain—How-To** Explain what you should do if you know someone who has a problem with drinking.