

Fall 2023 Session (Sept 5 - Nov 9)

| Day      | Activity   | Run-time     | Grade Levels | Location   |
|----------|--|--------------|--------------|--|
| Mondays  | <a href="#">Hip Hop Dance Class</a>                                    | 2:35-3:35 PM | TK-5         | Rock Room  |
|          | <a href="#">Middle School Yoga</a>                                     | 3:00-4:00 PM | 6-8          | Pioneer Park<br>(meets on the Chatio at school dismissal)<br><a href="https://app.iclasspro.com/portal/ifiwasabirdyoga/class-details/447?filters=%7B%7D">https://app.iclasspro.com/portal/ifiwasabirdyoga/class-details/447?filters=%7B%7D</a> |
|          | <a href="#">Brick Lab Jr*</a>  | 2:35-3:35 PM | TK-1         | Mission Hills United Methodist Church<br>(meets on the Chatio at school dismissal)   |
|          | <a href="#">Muay Thai</a><br>this class meets twice a week (Mon & Wed) | 2:35-3:35 PM | K-3          | Pioneer Park<br>(meets on the Chatio at school dismissal)  |
| Tuesdays | <a href="#">Spanish One</a><br>FULL                                    | 2:35-3:45 PM | K-2          | Rock Room (meets on Chatio for snack before class)   |
|          | <a href="#">Spanish Two</a><br>FULL                                    | 2:35-3:45 PM | 3-5          | New Library (meets on Chatio for snack before class)   |
|          | <a href="#">STAR Cooking*</a><br>FULL                                  | 2:35-3:35 PM | K-5          | Mission Hills United Methodist Church<br>(meets on the Chatio at school dismissal)   |
|          | <a href="#">Tennis</a><br>FULL   | 2:30-3:30 PM | TK-5         | Basketball Court   |

|            |  |                                     |      |  |
|------------|--|-------------------------------------|------|--|
|            | <a href="#">Yoga</a><br>START DATE<br>POSTPONED<br>TO 9/12                   | 2:30-3:30 PM                        | TK-5 | Pioneer Park<br>(meets on the Chatio after<br>school)<br><a href="https://app.iclasspro.com/portal/ifiwasabirdyoga/class-details/448?filters=%7B%7D">https://app.iclasspro.com/portal/ifiwasabirdyoga/class-details/448?filters=%7B%7D</a> |
| Wednesdays | <a href="#">Musical Theater<br/>and Dance:<br/>Barbie</a>                    | 2:35-3:35 PM                        | TK-5 | Rock Room  |
|            | <a href="#">Muay Thai</a><br>this class meets<br>twice a week<br>(Mon & Wed) | 2:35-3:35 PM                        | K-3  | Pioneer Park<br>(meets on the Chatio at<br>school dismissal)   |
| Thursdays  | <a href="#">Karate &amp;<br/>Brazilian Jiu<br/>Jitsu</a>                     | 12:30-1:30 PM                       | K-5  | Rock Room  |
|            | <a href="#">Basketball</a>   | 12:30-1:30 PM                       | K-5  | Basketball Court   |
|            | <a href="#">Chess</a>  | 12:30-1:30 PM<br>OR<br>1:30-2:30 PM | TK-8 | Old Lunch Arbor Picnic<br>Tables   |
|            | <a href="#">Spanish One</a><br>FULL  | 12:35-1:45 PM                       | K-2  | Picnic Tables by Garden<br>Beds  |
|            | <a href="#">Spanish Two</a><br>FULL  | 12:35-1:45 PM                       | 3-5  | New Library  |
| Fridays    | <a href="#">Cheerleading,<br/>Dance, and<br/>Tumble</a>                      | 2:35-3:35 PM                        | TK-5 | Rock Room  |
|            | <a href="#">Brick Lab*</a>   | 2:35-3:35 PM                        | 1-5  | Mission Hills United<br>Methodist Church<br>(meets on the Chatio at<br>school dismissal)   |

\*See class descriptions below

**Brick Lab & Brick Lab Jr. (Grades TK-1 and 1-5):** Come discover all-new ways to enjoy Legos! Join up with your fellow builders for a new challenge each week. We will test our teamwork and problem-solving skills with group challenges and engineering tests. We will let our creative side shine as we create Lego mosaics and participate in crazy quick build challenges. Each week is a new opportunity to explore, create and build.

<https://checkout16.starinc.org/star/public/?programId=116&selectSchool=Y&yearId=2324>

**STAR Cooking - THIS CLASS IS FULL**

Our STAR Cooking classes seek to explore kid-friendly versions of recipes and creations close to home and around the world. STAR Cooking classes create an inspired, fresh and fun foundation for the hopeful chefs of tomorrow, working on kitchen fundamentals like knife skills, measuring, reading a recipe (and the math used to change it!), and kitchen safety. From savory dishes to sweets, STAR students will try their hand at it all! Students will explore different foods while learning lifelong cooking skills.