

Supporting Your Family

Write *T* or *F* to show whether the sentence is true or false.

- _____ 1. A parent who fails to properly feed his or her children is guilty of neglect.
- _____ 2. A mature person is usually not very responsible.
- _____ 3. To exploit someone means to take advantage of that person.
- _____ 4. A health maintenance plan includes the steps to take to achieve health goals.
- _____ 5. Being able to negotiate is a sign of maturity.
- _____ 6. When you compromise, you refuse to give in on any points.
- _____ 7. Verbal abuse includes hitting, shaking, and kicking.
- _____ 8. People who are verbally abused often lose self-esteem.
- _____ 9. Having empathy means that you can understand another person's feelings.
- _____ 10. Listening is a form of communication.

Name _____

Match each term below with its meaning. Write the letter of the term on the line at the left.

- | | | | |
|--------------------|------------------------------|-----------------------|---------------------|
| a abuse | d sexual exploitation | g empathy | j compromise |
| b negotiate | e neglect | h communicate | |
| c volunteer | f physical abuse | i verbal abuse | |

- _____ 11. Taking advantage of someone in a sexual way
- _____ 12. Fail to take care of a person's basic needs
- _____ 13. To give your time to a good cause without being paid
- _____ 14. Hitting someone
- _____ 15. Ability to imagine yourself in someone else's situation
- _____ 16. Name-calling, threatening, and yelling
- _____ 17. To discuss and resolve a conflict with someone
- _____ 18. To share views, thoughts, and feelings with someone
- _____ 19. Harmful treatment of another person
- _____ 20. Solution that both people can agree to

Name _____

- 21.** A new baby can bring difficult changes to a family. A new baby can also present pleasant changes. Describe some of the pleasant changes.

- 22.** Your grandfather is getting too old to take care of himself. He is moving into your family's home. Describe how you can make him feel welcome.

- 23.** Write a paragraph about why communication is important in every family.

- 24.** Complete the list below by adding two steps in a typical family health maintenance plan.

1. Exercise at least 30 minutes each day.	4.
2.	5. Brush and floss your teeth regularly.
3. Learn basic first-aid techniques.	

- 25.** Tom's cousin touched him in a way that made him feel uncomfortable. Describe the steps that Tom should take.
